

Pantry Basket Shopping List (from \$33.55)

2026

Please place these items in a **GREEN BAG**
If green is unavailable please attach the word **PANTRY**



Week	Week beginning	Food item	Size	check
1	14 September	2 x Canned Vegetables (e.g. Peas, Corn)	420g	
2	21 September	Coffee (instant)	100–200g	
3	28 September	Long Life Milk	1 Litre	
4	5 October	Tinned Tuna	425g	
5	12 October	Jam (OR Vegemite 150g)	200–500g	
6	19 October	Rice	1kg	
7	26 October	Pasta Sauce	1 bottle	
8	2 November	Dried Pasta	500g	
9	9 November	Tea Bags	100 pack	
10	16 November	2-minute noodles	5 Pack	
11	23 November	Savoury Biscuits (e.g. Jatz, Rice crackers)	1 packet	

Why should I join the Basket Buddies program?

Every basket donated through the BBB Basket Buddies program makes its way to a range of families and individuals in need in the Greater Brisbane area. These recipients are nominated to us by over 70 grassroots charities, organisations, and affiliated services. With so many otherwise foregoing Christmas we need your help.

Can I send the shopping list to a friend?

YES! Just forward our initial email or suggest they register via our website to ensure they stay informed about drop-off and venue locations which will be sent to our Basket Buddies list in mid-November.

About the lists...

This shopping list has been carefully curated to provide staple items for meal options. It is a structured guide to ensure that the items fit into the appropriate bag and are not too heavy for delivery drivers. The PANTRY bag will not be full but rest assured we have other items to add to this bag.

When/Where do I deliver my basket?

Our November Brisbane Basket Brigade Newsletter will ask our Basket Buddies community to consider offering their home or workplace as a drop off point for other Basket Buddies baskets where we try to offer a reasonable mix of office hours and after hours availability. All registered Basket Buddies then receive suburb, day/time information so they may select their preferred option which we then follow up with the actual address and any additional delivery information.

Volunteering Opportunities

If you'd like to join us for Community Packing Day on Saturday 12 December registrations will open via our November Newsletter. As these places fill quickly, we offer an early registration (a couple of days prior) for our Basket Buddies so they are able to bring their bags with them to the venue should they so choose. Or perhaps you'd prefer to volunteer as a Delivery Driver, on Sunday 13 December our army of volunteers (Santa's Helpers) do the actual deliveries to our recipient families and individuals all over Greater Brisbane.

Need more information? Simply email bbb.basketbuddies@magicmoments.org.au

SAMPLE SHOPPING LIST – A guide to how we achieved the quoted total cost per bag.

The following pricelist is as per Woolworths online shopping (August 2026) and does not include any items on special at that time. This is just a sample and we encourage you to purchase items from your preferred store e.g. IGA, Coles, Aldi, Woolies, the local corner store etc. You are not required to purchase the items from Woolworths, this is just an example of approximate cost. This bag will not be full, we have sponsored items to add to it.

Week	Week beginning	Food item		Price
1	14 September	Woolworths Assorted Vegetable Cans e.g. Garden Peas 420g \$1.80, Corn Kernels \$1.00	 	\$2.80
2	21 September	Essentials Instant Coffee 200g		\$6.50
3	28 September	Woolworths UHT Milk 1 Litre		\$1.75
4	5 October	Essentials Tuna Chunks in Spring Water 425g		\$3.30
5	12 October	The Real Jam Co. 500g (various flavours)		\$3.00
6	19 October	Essentials Long Grain White Rice 1kg		\$1.80
7	26 October	Essentials Pasta Sauce 700g		\$2.75
8	2 November	Essentials Pasta Spaghetti 500g		\$0.90
9	9 November	Essentials Black Tea Bags 100pk		\$1.75
10	16 November	Maggi Instant Noodles 5 pack (425g)		\$5.00
11	23 November	Arnott's Jatz Biscuits 225g		\$4.00
			Total cost	\$33.55

Basket Brigades are programs of The Magic Moments Foundation. MMF is a group of like-minded volunteers who also run a Youth Program and the Grandies programs.

For more information go to: magicmoments.org.au